

# INSTRUCTIONS

## *Moody Blues Belgian Endive*

Serves 1

1. Peel and slice beets on slicer.
2. Place beets in microwave safe bowl , add water to cover and cook approximately 4 minutes—chill.
3. Arrange beets and endive around plate and garnish with *mache*, Moody Blue cheese and drizzle with vinaigrette.



Mache, also known as corn salad is native to Europe and has nothing to do with corn...but it is used in salads. The narrow, dark green leaves of this plant are tender and have a tangy, nutlike flavor. In addition to being used as a salad green, corn salad can also be steamed and served as a vegetable.



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Chef Shannon &  
Chef Damon's  
Creations



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### MENU ITEM

SUPC	Description	Brand	Qty	Type
1008697	Endive Belgian Fresh	PACKER	4	OZ
7643196	Cheese Blue Smkd Moody Blue	ROTHKAS	2	OZ
2041259	Lettuce Mache Fresh	PACKER	.25	OZ
1166065	Beet Red with out top Fresh	PACKER	5	OZ
4945846	Dressing Rasp Hny Vinaigrette	SYS IMP	1	OZ